

# DIVERSITY of JAPANESE TEAS









Reference MATCHA/Powdered HOJI-CHA 1 or 2g for 1 pc. of bagel/muffin/waffle. MATCHA/Powdered HOJI-CHA 3g per Shake (300cc) (add milk, ice, sugar)

#### Marshmallow MATCHA/HOJI-CHA Latte



- 1. Mix 1 teaspoon of MATCHA/HOJI-CHA powder (2g) into 50cc of hot water. Add sugar if desired.
- 2. Add 150 cc of milk and 2 marshmallows and heat in microwave at 800 watts for 1 minute.
- 3. Remove from microwave and stir with a spoon.
- 4. Warm up again at 800 watts for 20 to 30 seconds. Warning: If you heat in the microwave for 1.5 minutes continuously, the contents of the cup will overflow.
  - \*Please use a heat-resistant cup. Be careful not to burn yourself.

# \*\*\*\*\*\*\*\*\*\*\*\*\*\*\* 1 teaspoon



HOJI-CHA 1g



Powdered HOJI-CHA 2g



MATCHA 2g



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SENCHA/FUKAMUSHI-CHA 2 to 3g



**GENMAI-CHA** 2 to 3g

# Brewing leaf tea method CHAMART's recommendation



- 1. Pour boiled water into a tea pot, then pour the water into a tea cup or mug (200 to 250cc) from the tea pot.
- 2. Use leaf tea (3 to 5g), and pour the water into the tea pot from the cup. Brew the tea for 3 to 5 minutes. Then, pour the tea into the cup.

Try several combinations to find your favorite strength.

You can brew more with the tea leaves as you like.



#### **HOJI-CHAI**

- 1. Pour 150cc of each water & milk and 3g of HOJI-CHA leaf tea into a small pan. Add sugar to taste.
- 2. Heat the pan over low or medium heat about 3 minutes to boiling.
- 3. Pour the tea into a cup with a strainer. Adding marshmallows, black pepper, cinnamon or ginger is also good.



HOJI-CHA Espresso Put 1g of powdered HOJI-CHA into an espresso cup, add water, then stir.



Scrambled egg with used tea leaves (SENCHA/FUKAMUSHI-CHA/ GENMAI-CHA) after brewing



HOJI-CHA/MATCHA ice cream



# CHAMART introduces CHAGUSABA TEA Circular Agriculture

CHAGUSABA farming method in Shizuoka is certified as a Globally Important Agricultural Heritage System by the Food and Agriculture Organization of the United Nations(FAO). CHAGUSA is grass for tea fields and CHAGUSABA are semi-natural grasslands around the tea fields.



Cutting grasses around the tea field. Placing grass in furrows between tea bushes.



Turning grass into compost to stop soil flow & prevent growth of weeds



Cutting grass exposes small plants and animals to sunlight so they can continue to live.

## ORGANIC JAS & CHAGUSABA TEA

### JAPANESE TEA from SHIZUOKA







More Organic JAS JAPANESE TEAS are available on request

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